



**EMPOWERING YOU LLC**

# **EMPOWERED PARENTING**

A virtual support group for parents of people  
struggling with eating disorders

**TUESDAYS | 7 PM TO 8 PM  
\$30 PER FAMILY PER WEEK**

Starting Tuesday 4/6, this group will  
provide a space for parents to process the  
emotions around having a child with an  
eating disorder. Open to all parents,  
regardless of the age of the child!

**TO SIGN UP, EMAIL  
INFO@EMPOWERINGYOU.LLC.COM!**